



TimeWise Concierge | [julie@timewiseconcierge.com](mailto:julie@timewiseconcierge.com)

**JULY 30, 2021**

## Concerts & Live Music



[KevOnStage](#) - Slightly Problematic at Funny Bone Comedy Club and Restaurant July 29-31. 21 & over. \$37-\$47. VA Beach

[Benton Blount](#) at Waterside District July 30 at 6pm. Free. Norfolk

[An Evening with Grateful Jed](#) July 30-31 at 8pm at Elevation 27. \$15-\$20. VA Beach

[YNot Wednesdays](#) Free Summer Concert Series at the Sandler Center Outdoor Plaza Aug. 4 & 11, 5-9pm. VA Beach

[Jeff Allen: The America I Grew Up In](#) at Funny Bone Comedy Club Aug. 4 at 7:30pm. \$38. VA Beach

[Derek Moore and Rapjack](#) at the Hermitage Museum & Gardens Aug. 5 at 6pm. \$12; Free for Members & kids under 5. Norfolk

[Soul Intent](#) for [Sunset Thursdays](#) at High Street Landing Aug. 5 from 6:30-9pm. Free. Portsmouth

[Deja Who presents The Rock Opera "Tommy"](#) at Elevation 27 Aug. 5 at 8pm. \$20-\$30. VA Beach

[Ian Bagg](#) at Funny Bone Comedy Club and Restaurant Aug. 5 at 7:30pm. 21 & over.

[Jason Aldean: Back in the Saddle Tour 2021](#) at the Veterans United Home Loans Amphitheater Aug. 5 at 7:30pm. \$40+. VA Beach

[Styx](#) at Chartway Arena Aug. 10 at 7:30pm. \$45-\$75. Norfolk

[Trial By Fire:](#) The Ultimate Journey Tribute with special guests Radio 80's at Elevation 27 Aug. 7 at 8pm. \$15-\$25. VA Beach



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YOUR WEEKLY GUIDE TO HAMPTON ROADS



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### To Do List

- Grocery Shop for Mom
- Schedule Moving Quotes
- Take Max to the Groomer
- Meet A/C Repair @ 1pm

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Concierge & Lifestyle Management

# Activities & Events

## Spotlight Events



Bergey's Barnyard presents [Baby Goat & Piglet Yoga](#) on Saturday, Aug. 7 from 10-11am. The fun outdoor class is taught by Katie Jo Bills with Katie Jo Wellness. \$25; includes free entry to the petting zoo.



[Movies in the Plaza](#) at Town Center Saturday nights at 8:30pm during July & August. Featured movies: *The Little Rascals* on July 31; *Coco* on Aug. 7. Free. VA Beach



[EdZooation: Antelope Month](#) at the Virginia Zoo Aug. 1. EdZooation Days are back – and virtual! Tune in this month as you learn all about how recycling old electronics can help save bongo and other antelope from extinction! Norfolk



[Reggae on the Bay](#) at Ocean View Beach Park July 30 from 6 -9:30pm. Performer: Nature's Child. Summer brings the return of the popular Friday after-work Ocean View event series. The Friday Night Themed Parties and Family Fun & Movie Nights are a great way to start the weekend with Live Music, children's activities, food, beverages and more! Free and open to the public. Norfolk

[The Norfolk Tides take on the Durham Bulls](#) at Harbor Park

July 27 - Aug. 1. Fans receive a free Koozie courtesy of MLB Network, while supplies last, during Friday's game. Stay after the game on Saturday to enjoy a Post-Game Fireworks Extravaganza. \$13.50+. Norfolk

Little Theatre of Virginia Beach presents "Nunsense" thru Aug. 8. A hilarious spoof about the misadventures of five nuns trying to manage a fundraiser. With catchy songs and irreverent comedy, Nunsense is sure to keep you rolling with laughter. Tickets are \$20; \$18 for Senior/Active Military. Get tickets [here](#).

Virginia Zoo and Norfolk Kayak Rentals are partnering for the Lafayette River's [Nature and Eco Kayak Tour](#) July 31 at 9:30am. This tour runs for 90 minutes and will cover approximately 3-3.5 miles of kayaking at a leisurely pace. All experience levels are welcome; however, please be prepared to paddle the majority of the time on the water. \$55 for Single; \$110 for Tandem. Norfolk

[Toddler Tuesdays \(Virtual\)](#) at the Virginia Aquarium & Marine Science Center Aug. 3 at 11am. They invite you and your child to join Miss Jenny Virtually as she brings age-appropriate pre-school programs that may include a letter of the day, colors, stories, and songs. Free. VA Beach

[The 39 Steps](#) at the Peninsula Community Theatre Aug. 6-22. Mix a Hitchcock masterpiece with a juicy spy novel, add a dash of Monty Python and you have *The 39 Steps*, a fast-paced whodunit for anyone who loves the magic of theatre! \$12-\$20. Newport News

[The Norfolk Tides take on the Memphis Redbirds](#) at Harbor Park Aug. 10-15. Turn Back the Clock Night on Tuesday - Harbor Park will feature hot dogs, boxes of popcorn, and soft drinks at the special roll back price of just \$.50 each! Enjoy an evening of baseball with your dog on Wednesday. Dog tickets are just \$5 with all dog ticket proceeds going to a local dog charity. The first 2000 kids 17 & under will receive a Tides USA themed jersey during Friday's game. Stay after the game on Saturday to enjoy a Post-Game Fireworks Extravaganza. \$13.50+. Norfolk

# Eats, Drinks & Good Times



[Low Country Boil](#) at Back Bay's Farmhouse Brewing Co. July 31 at 2pm. Food trucks from 11am-10pm include Outer Banks Boil Country of Virginia Beach, Capt'n Crabby, Cast Iron, J&K Style Grill, and Sweet Life Cupcakery. Live Music from 11am-8:30pm. VA Beach

[Bier Fest](#) at Busch Gardens Fridays-Sundays, July 30 - Sept. 6. Bier Fest is back, bringing over 200 years of Oktoberfest traditions to life among all your favorite coasters and attractions. Raise a glass with over 100+ brews tapped throughout the park. Relax and soak in the final weeks of summer in the ALL-NEW Biergarten Reserve with live entertainment, specialty brews and beer-infused bites in a laidback atmosphere. Enjoy brewery talks from local craft brewers, popular local bands and fireworks every Friday and Saturday night. Festival included with park admission. Food and Beverage available at an additional cost. Williamsburg

[Drag Brunch](#) at Blue Moon Taphouse at Waterside District July 31 at 10am and 1pm. Drag Show performance provided by Sandra Lopez and her Queens. Buffet included. Must be 21+. Brunch, glitter, and mimosas! Norfolk

[Rose' All Day: Cavalier Garden Party](#) at The Historic Cavalier Hotel & Beach Club Aug. 4 from 6-8pm. Sip away on Rosé in their Sunken Garden! The evening will feature a unique and interesting selection of Rosé wines, including their signature Cavalier Frosé, paired with thoughtfully curated hors d'oeuvres by their Executive Chef. The entire experience will be complemented by live acoustic guitar. \$50. VA Beach

[Beach Day is the Flavor of the Month](#) at Baskin Robbins! Inspired by the perfect beach day, this sweet & salty scoop has sea salted vanilla flavored ice cream, milk chocolate flavored caramel-filled sea turtles, and a crunchy graham cracker sand swirl. Enjoy a Beach Day for the entire month of July! Multiple locations

[Backyard BBQ](#) at Ocean View Beach Park Aug. 6 from 6-9:30pm. BBQ, Craft Beer, Blues and rock music featuring Anthony Rosano & the Conqueroos, and children's activities. Summer brings the return of the popular Friday after-work Ocean View event series. The Friday Night Themed Parties and Family Fun & Movie Nights are a great way to start the weekend with Live Music, children's activities, food, beverages and more! Free and open to the public. Norfolk

[Freedom Friday](#) at PBR Norfolk at Waterside District Aug. 6 at 7pm. To show how much they appreciate everything you do, all Military Personnel, Veterans, First Responders, and public service members skip the line, get FREE cover with your credentials, and drink specials until 9pm! Don't miss their midnight Military salute to honor those who have served. Norfolk

[The 2nd Annual Norfolk Mac & Cheese Festival](#) takes place at the Waterside District on Aug. 7 from 1-8pm. The festival will bring together over 15 of the area's best restaurants, food trucks & chef's cheesy visions into reality! [Tickets](#) from \$29.99-\$59.99. Norfolk

[August Distillery Dinner featuring Tarnished Truth](#) at The Hunt Room at The Historic Cavalier Hotel & Beach Club Aug. 11 from 6-9pm. Beat the summer heat! Tour the Tarnished Truth distillery and enjoy a multi-course meal with specialty Tarnished Truth cocktail pairings. Their one-of-a kind distillery dinner experience includes a private Tarnished Truth distillery tour followed by a three-course meal created by The Hunt Room's Executive Chef Sam Reyes. Each course will be perfectly paired with hand-crafted Tarnished Truth specialty cocktails. Must be 21+. \$110. VA Beach

# Deals & Steals



Celebrate National Avocado Day with FREE Guac on Saturday, July 31. Top off your entrée or get a side of guac when you use promo code AVO2021. Valid on chipotle.com or in the Chipotle app only.

Get a Free Bundlet on your Birthday and receive exclusive offers when you [sign up](#) for Nothing Bundt Cakes eClub.

[Summer Passes](#) at AMF Bowl-

ing! The season's best value, you pass provides over 100 days of weatherproof fun and special offers exclusively for pass holders that pays for itself in just 3 visits! Multiple locations

[Gift Cards for a Good Cause](#) at Bubba's 33! When you purchase a gift card, Bubba's 33 will donate 10% of gift card sales to the V Foundation for cancer research. Multiple locations

[Special Offer for Teachers](#) at Colonial Williamsburg! To recognize the important role teachers play in nurturing a love and knowledge of history, Colonial Williamsburg is offering a 25% discount on a "Single Day Ticket" or an annual pass. Williamsburg

[The Virginia Zoo and the YMCA are swapping members for the month of August!](#) Zoo members can visit any of the 21 YMCA of South Hampton Roads locations, and any of the 13 YMCA of the Virginia Peninsulas locations. Zoo members who join the Y In August or September will pay no joining fee. Y members who visit the Zoo will enjoy free unlimited admission to the Zoo during August, plus 10% discounts in the gift shop and foodservice locations. Multiple locations

[H2O For Heroes](#) at Firehouse Subs Aug. 7. Guests who visit any Firehouse Subs location and donate a 24-pack of bottled water will receive a medium sub. The bottled water will be distributed to local first responders and community organizations to be used during the hot summer months when people are more likely to get dehydrated. Limit one sub per case of water. Not valid on online or delivery orders. Not valid with other offers. Multiple locations

[Museums For All](#) at the Children's Museum of Virginia Aug. 7-8. Bank of America cardholders can get FREE general admission to the museum during the first full weekend of the month. To qualify, simply present your ATM, credit or check card, and valid photo ID to gain free general admission to the museum. Portsmouth

The Virginia Zoo and The Virginia MOCA Are Swapping Memberships for the Month of July! Zoo members who visit MOCA will receive Exclusive ticket reservation link, \$10 off a Virginia MOCA Individual or Household membership if purchased during July, Valid through July 31. Multiple locations



## Free Weekly Concierge Guide to Hampton Roads



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For More Information, Contact:

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